

-----fold over-----

“It’s so easy to be great nowadays because everyone else is weak. If you have ANY mental toughness, if you have any fraction of self-discipline; The ability to not want to do it, but still do it; If you can get through to doing things that you hate to do: on the other side is GREATNESS ” -- David Goggins

(Retired United States Navy SEAL, ultramarathon runner, ultra-distance cyclist, triathlete and former world record holder for the most pull-ups done in 24 hours (4,030).



© PM&A, CHMS, Inc

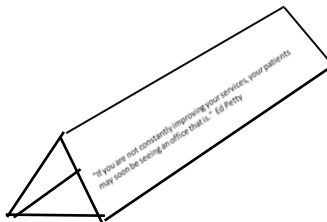
PMAworks.com • When Seminars Aren't Enough • P. O. Box 170882 • Whitefish Bay • WI 53217 • (414) 332-4511 • Services @ PMAworks.com

Petty, Michel & Associates

-----fold over-----

-----fold over-----

This is a tent poster. Fold over each side sharply, and tape the sides together. Place it on your desk and use it to help you stay motivated during the month. Replace it each month when you get a new one.



TAPE
↓

Did you hear about the man who invented the knock-knock joke?
He won the No-Bell Prize!