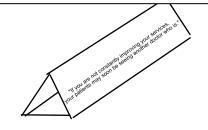


-----fold over-----

This is a tent poster. Fold over each side sharply, and tape the sides together. Place it on your desk and use it to help you stay motivated during the month. Replace it each month when you get a new one.



TAPE

l used to have a fear of hurdles, but I got over it.